

Diary Dates

Term 2

May

1st DRN Anzac Service—
School Captains
6th School Council
8th Region Tennis
(qualifying students)
10th Foundation—Silly Science
In School Activity
Mothers Day stall
Mothers Day Pamper Session

13th-17th F-2 Swimming

15th-17th NAPLAN

20th Curriculum Day

22nd Community Open Afternoon

(refer to flyer in this newsletter)

24th District Cross Country

29th District Winter Sports

June

3rd Year 3-6 Athletics Carnival

4th Division Cross Country

5th Yr 5/6 Volleyball Cupy

10th Queens Birthday Public
Holiday

14th Special Lunch and Crazy Hair

18th Regional Cross Country

21st Yr 1-2 excursion

24th Student led conferences

25th Student led conferences

Term 3

July

24th SSS rehearsal—
Melbourne Town Hall

31st Year 3/4 Camp

August

1st Year 3/4 Camp

2nd Year 3/4 Camp

5th Curriculum Day

7th Year 6 Speech Master
Graduation Night 6.30pm

21st Production

22nd Production

September

12th SSS technical rehearsal—
Melbourne Arena

13th SSS dress rehearsal—
Melbourne Arena

14th SSS Performance—
Melbourne Arena

Term 4

October

30th Year 5/6 Camp

31st Year 5/6 Camp

November

1st Year 5/6 Camp

December

5th Grandparents & Special
Visitors Day
Christmas Concert

10th Year 6 Graduation

11th Year 6 Big Day Out



We would like to say a HUGE thankyou to all of our parent volunteers, who contributed to a very successful swimming program for 2019!

A Message from the Principal

What is the Berry Street Educational Model (BSEM)?

On Monday 20th May, we held a Curriculum Day, during which our staff attended the first in a series of workshops focussed upon building our capacity to educate the 'whole child'.

As a school, everything we do is underpinned by the goals of our School Strategic Plan (SSP) 2018-2022. Goal Three of this plan is **"To develop empowered, self-regulating and engaged learners"**, of which the Berry Street Educational Model will form a crucial component.

The BSEM makes explicit the relationships between body, stamina, character, learning engagement, and positive psychology in children and adolescents. The model provides educators with an understanding of the learning science behind trauma, and the impact trauma can have upon self-confidence, resilience and social relationships. More information is available on the link [Berry Street Educational Model](#).

What did we cover during our Curriculum Day?

Our first session focussed on the "Body" and examined the following:

- ⇒ What are the impacts of chronic stress and trauma on child development?
- ⇒ What does stress look for a child? How do we see this played out in a classroom setting?
- ⇒ How are stress on the body and stress on the mind connected?
- ⇒ What impact does stress have upon learning and behaviour?
- ⇒ What strategies can we utilise in the classroom to de-escalate a feeling of stress?
- ⇒ How can we teach our students to be "Present, Centred, and Ready to Learn"?
- ⇒ What role can mindfulness play in promoting self-regulation in children?

Continued over page

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Learning Enrichment Schedule

Programs available during Term Two are available via our School Website.

For details, visit our Learning Community Wall outside of the school office, or visit our updated School Website link @

<http://www.upweythps.vic.edu.au/extra-curricular-programs/>

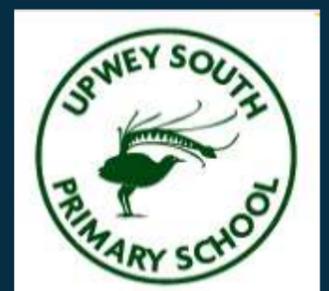
OSHC Hours

Before School Care
7:00am - 9:00am

After School Care
3:30pm - 6:30pm

Holiday Program
7:00am - 6:30pm

www.extend.com.au



91 Morris Rd Upwey VIC 3158

Phone: (03) 9757 0200

Fax: (03) 9757 0299

upwey.south.ps@edumail.vic.gov.au

www.upweythps.vic.edu.au

What is the Berry Street Educational Model (BSEM)? ...continued from previous page...

What improvements in our school environment should we begin to see as a result of the BSEM?

When you enrol in a school, it is an obvious and shared expectation that the school will focus upon teaching your child the traditional areas of the curriculum, such as reading, writing and mathematics. With the changing landscape of primary schooling, teachers are now seeing an increasing emphasis upon teaching so-called “soft skills” which help to form what is known as “emotional intelligence”.

These skills can be broken into two major subsets, being:

- ⇒ **intrapersonal: the ability to understand and interact positively with oneself**
- ⇒ **Interpersonal: the ability to understand and interact positively with others.**

As a school we will begin to explicitly teach students about their “body” and “brain” and how they can help to tune themselves into a positive mindset to promote learning. As a school-wide program, the BSEM lessons are designed to be age-appropriate, and future sessions in classrooms will cover:

- ⇒ ***What is stress and what makes me stressed? Is stress the same for everyone and every age?***
- ⇒ ***How can I identify when my stress levels are escalating?***
- ⇒ ***If I am feeling stress, what strategies can I use to de-escalate the feeling?***
- ⇒ ***What will my teacher do to help me get ready to learn and feel confident?***
- ⇒ ***What does it mean for me to be “Present, Centred, and Ready to Learn?”***
- ⇒ ***What is this thing called “mindfulness”? How can it help me learn?***
- ⇒ ***What role does breathing play in helping to regulate my feelings?***
- ⇒ ***What are the parts of my brain called and what do they do?***
- ⇒ ***What signs does my body give me to show how I am feeling?***
- ⇒ ***How can I build my own toolkit to begin “self-regulating”?***
- ⇒ ***How can knowing about my own body and mind help me become a better learner?***

The above concepts are taken from the first module in the BSEM “Body” which will be rolled out across our school in Term Two and Term Three.

The rollout of the BSEM involves a two year commitment to ongoing professional learning by the school staff. During Term Three, on Monday August 5th we have another Curriculum Day scheduled in which we will cover the module of “Relationships” and the links to learning.

The BSEM is a school-wide and classroom level tool which gives us practical and real-life examples of what we can do in the classroom environment to promote School-wide Positive Behaviours for Learning.

Day 1 - BODY

Building school-wide rhythms and body-regulation through a focus on physical and emotional regulation of the stress response and de-escalation in school and classroom contexts.

- from a developmentally neurosequential perspective, designing and delivering curriculum that promotes academic performance, wellbeing and future pathways
- acknowledging trauma's impact on the body, on the stress response, and on learning; specifically, helping students to self-regulate to a heart rate of around 80 beats per minute
- offering opportunities throughout the day for students to elect individualised time to both co-regulate and self-regulate emotions, reactivity and impulses
- using rhythmic, predictable, and consistent timetables for lessons, weeks and the school year
- providing opportunities for mindful practice.

Day 2 - RELATIONSHIP

Increasing relational capacities in staff and students through attachment and attunement principles with specific relationship strategies for difficult to engage young people.

- staff/student connections built on attachment principles of unconditional positive regard and positive emotion
- foundations of safety, tolerance and respect
- teaching social and emotional intelligence
- friendship and teamwork
- strategies to build lasting, strong relationships by increasing positivity rations within relationships.

PTA News Update Term 2

A big thank you to everyone that has supported the PTA so far this year – whether you bought a gift from the Mother's Day stall, wore crazy socks or ate Fish & Chips for lunch, you are contributing to our fundraising goals! We want to raise funds this year to replace and update all the readers/books for each year level.

Our next student fun day is CRAZY HAIR DAY and PIZZA for lunch! You'll get the order form via Compass soon. And don't forget the Silver Coin Challenge – winning class gets ice-cream!

Coming in Term 3 is the biggest night of the year – BOGAN BINGO! Please let the PTA know if you can help out by donating auction items. THANK YOU! upweysouthPTA@gmail.com



Hey Youse! Save the date!

The grousest night of the year is back! Upwey South Primary's major fundraising event for parents will this year be half gameshow/half party - BOGAN BINGO!

Saturday, 10th August

It's gonna go off, mate! More details to follow. For now, if you work for a generous company or can get ace stuff donated for an auction prize, please let the PTA know. We will not be asking parents to donate to hampers this year - so maybe pool your \$10 or \$20 with others to donate something like a \$100 gift card or slab we can auction off!! Go you good thing! Giddy up!



Bogano ⚡ BINGO™



Student of the Week

Acknowledging positive learning behaviours



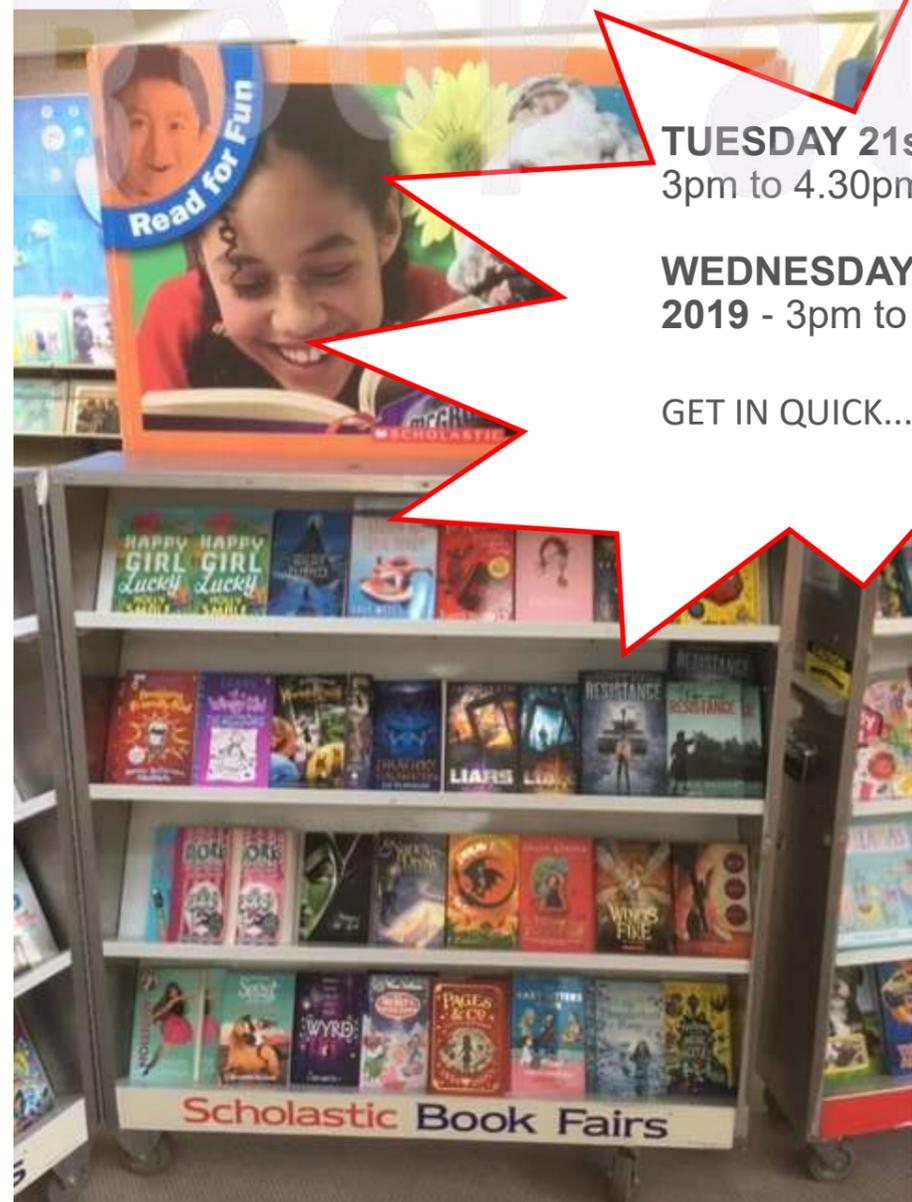
Student	Class	Positive Learning Behaviour
Huon	FA	You demonstrated a high level of enthusiasm and passion during our Silly Science incursion. You showed respect to other students and put in 100% effort! Congratulations!
Kobe	FA	Congratulations on the effort and hard work you have been putting into your work. It is great to see your improvements! Well done!
Archer	FB	Well done Archer for demonstrating respect in the classroom through attentive listening and increased focus. Congratulations and keep up the hard work and positive attitude!
Jesse-James	FB	Well done Jesse-James! You have been working hard to learn your letters and sounds and are starting to blend them together to read words. Congratulations!
Lillie D	1/2A	Thank you Lillie for being a great role model for your classmates, always being kind and caring towards everyone. You also always try your best in all learning activities. 1/2A is lucky to have you in our lass Lillie!
Matilda M	1/2A	Thank you for always trying your best on all activities in class. You take responsibility for your own learning and are always willing to assist others. You are a great role model for your classmates. Keep up the great work Matilda!
Leah B-J	1/2B	For consistently showing a positive outlook and attitude in the classroom. You can always be depended upon to complete set tasks and you should be proud of your commitment to school. Keep up the great work Leah!!
Alisha G	1/2B	For having a positive attitude in all that you do and for always applying yourself in learning tasks. It is a pleasure to have your positive influence in the class. Keep up the great work Alisha!
Emily B	1/2C	For always representing the school values in every task that you do. You are always polite and friendly to your class members and we are lucky to have you in 1/2C. Well done Emily!
Jack E	1/2C	For your amazing start to Term Two! Everyday you have come into class ready to learn and have successfully displayed the school values of Respect, Responsibility and Resilience. Well done Jack!
Tom H	2/3A	Congratulations Tom! You have had an incredible start to the new term. This has been evident in your attitude towards your learning. You have made wonderful choices during class and demonstrated really respectful communication by using your Talk Moves. Mrs McQueen and Mrs Lang love being your teachers.
Chloe L	2/3A	Congratulations Chloe! Mrs McQueen and Mrs Lang absolutely love being your teachers. During our Math sessions you have demonstrated great resilience when learning about telling the time. Throughout the day you always show such respect towards your teachers and peers. 2/3A are so lucky to have you! Well done!
Elliott D	3/4A	For approaching his writing with greater enthusiasm and being more willing to participate in learning tasks. Elliott wrote a sensational sizzling start to engage his audience when writing his persuasive text about school starting one hour later. Well done Elliott!
Martin E	3/4A	For approaching his writing with an excellent attitude and demonstrating fantastic leadership skills when working in a small group. You came up with some amazing examples of using emotive language whilst learning about how to use persuasive devices. Well done!
Jack C	3/4B	For being a resilient and determined learner who endeavours to achieve his very best. Your positive 'can do' attitude has shown 3/4B how to have a growth mindset. Keep up the wonderful work, Jack!
Zoe P-G	3/4B	For trying her best in all areas of learning and being a wonderful role model. Zoe, you are a compassionate person who is always thinking of others. Thank you for being a reliable friend in 3/4B, we appreciate your kindness!
Lachie C	4/5A	For demonstrating excellent learner responsibility and contributing to an engaging classroom environment. His persuasive writing has been convincing, well planned and thought through. Keep up the wonderful effort.
Kinga M	4/5A	For demonstrating improved responsibility for her belongings, engaging writing, perseverance and initiative in learning the violin and now the guitar and for her efforts in Cross Country. Keep up the wonderful effort.
Hannelore E	5/6A	Well done Hannelore for a positive start to Term 2. You are a respectful member of 5/6A who continually shows responsibility towards her own learning. Keep up the great work Hannelore!
Tyler M	5/6A	Tyler, you have had a very positive and rewarding start to Term 2. You are continually trying your best in all class tasks and taking responsibility for your learning. Congratulations on receiving full marks on every home learning task for Term 1.
Ryan H	5/6B	For his unswerving adherence to Upwey South's values of respect, responsibility and resilience. Ryan often completes all set tasks, will help his peers and take the time to clean our class space! Fantastic effort Ryan!
Angie P	5/6B	For her continued effort to take the initiative and improve across all her classes. Angie has shown responsibility and resilience in the face of an increasingly difficult workload and ongoing changes to her scholastic endeavours. Well done Angie. You are an example to your peers!
Asher C	Japanese	For demonstrating learner autonomy by approaching new learning challenges with great enthusiasm and effort. Congratulations for taking initiative in practising the self introductory conversation with your partner. Very well done!
Keira F	Japanese	For demonstrating learner responsibility by approaching new learning challenges with great enthusiasm. Congratulations for being a successful and respectful learner of Japanese. You have mastered a lot of greeting phrases, colours and animals. Fantastic!
Jack E	P.E.	Congratulations for having a fantastic start to term two in P.E. You have come into each class with a great attitude and willingness to learn and participate in a respectful manner. Keep up the fantastic work!
Tahj K	P.E.	Congratulations for having a fantastic start to term two in P.E. You have been respectful, willing to assist with our athletics lessons and been eager to challenge yourself. It is great seeing you so engaged in the lessons. Keep up the great work.
Marcus O	Visual Arts	For looking for creative ways to make his Art work more detailed and interesting. Well done Marcus

Education Week

<p>Friday 17th May</p>	<p>Book Fair Opens Located in the school library, for after-school purchases. Get in quick!!! Last year, many items sold out!</p>
<p>Monday 20th May</p>	<p>Curriculum Day (students not required) Staff will be undertaking Module One of the <u>Berry Street Educational Model</u></p> <p>USPS hosts School Council Training for local school councillors 6pm-8:30pm</p>
<p>Tuesday 21st May</p>	<p>Book Fair Purchases open 3:30pm -4:00pm Get in quick!!! Last year, many items sold out!</p> <p>After School Yoga Sessions for participating students</p>
<p>Wednesday 22nd May</p> <div data-bbox="94 1231 441 2211" style="border: 2px solid black; border-radius: 25px; padding: 10px; background-color: #fff9c4; margin-top: 20px;"> <p>Come and watch our amazing choir perform!</p> <p>Enjoy our talented Glee Club as they dance and sing!</p> <p>Listen to a selection of talented musicians!</p> </div>	<p>Before School Running Club and Breakfast Club for participating students</p> <p>2020 Enrolment Tours 9:00am and 10:30am Evening Tours available @ 6:30pm</p> <p>Math Olympiad Session One for participating senior students.</p> <p>Community Open Afternoon An opportunity for current students to invite a special person into their classroom for the afternoon.</p> <p>2:00pm- 2:30pm: Open Concert in the senior gallery, featuring our school choir and selected instrumental performers.</p> <p>2:30pm-3:30pm: Open Session of the Perceptual Motor Program for Foundation students and families</p> <p>2:30pm-3:30pm: Yr 1-6 students and families invited to attend open classrooms. Read your favourite book together, play an engaging math game and visit the Book Fair to make a family purchase.</p> <p>3:30pm: Book Fair open for final purchases.</p>
<p>Thursday 23rd May</p>	<p>2020 Enrolment Tours Evening Tours available @ 6:30pm</p>
<p>Friday 24th May</p>	<p>District Cross Country Selected senior students representing USPS.</p>



Book Stall OPEN



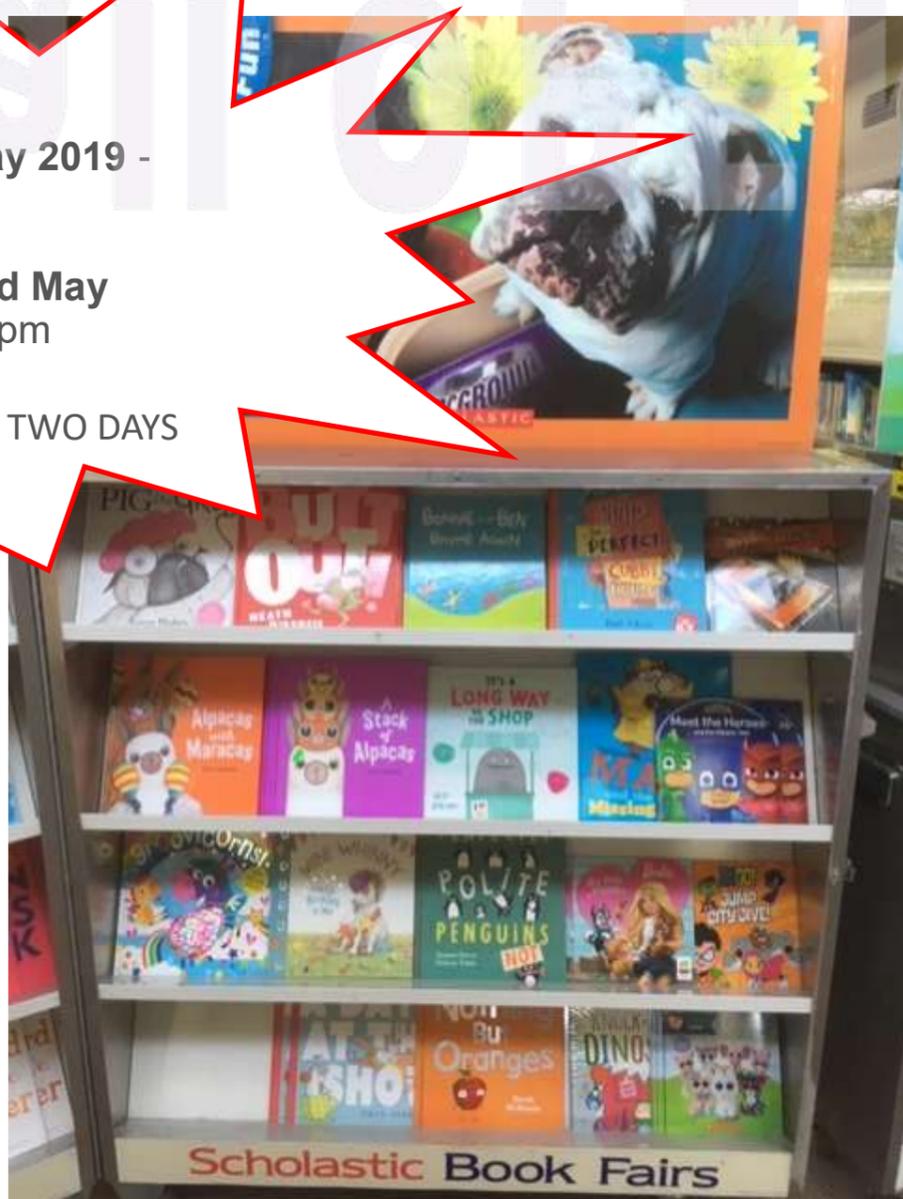
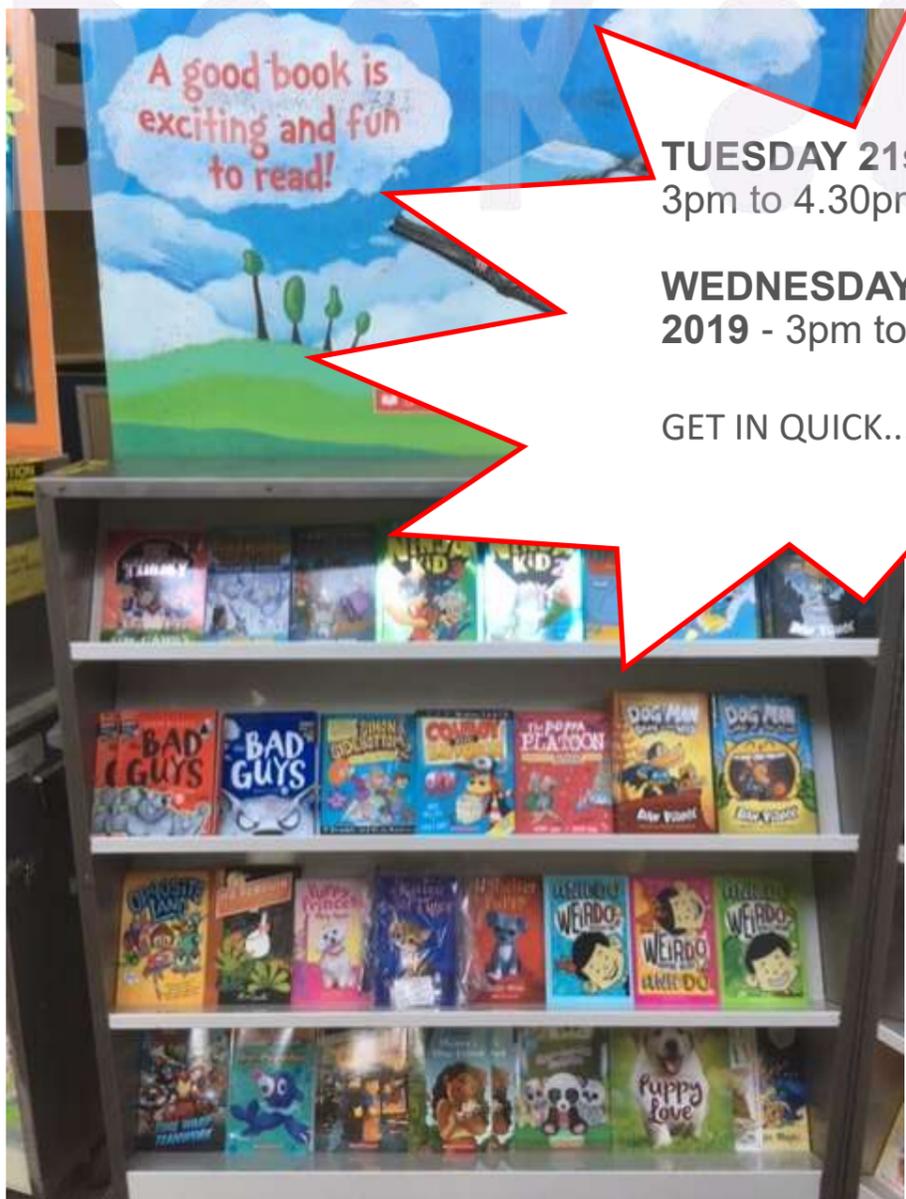
TUESDAY 21st May 2019 -
3pm to 4.30pm

WEDNESDAY 22nd May
2019 - 3pm to 4.30pm

GET IN QUICK...ONLY TWO DAYS



Book Stall OPEN



TUESDAY 21st May 2019 -
3pm to 4.30pm

WEDNESDAY 22nd May
2019 - 3pm to 4.30pm

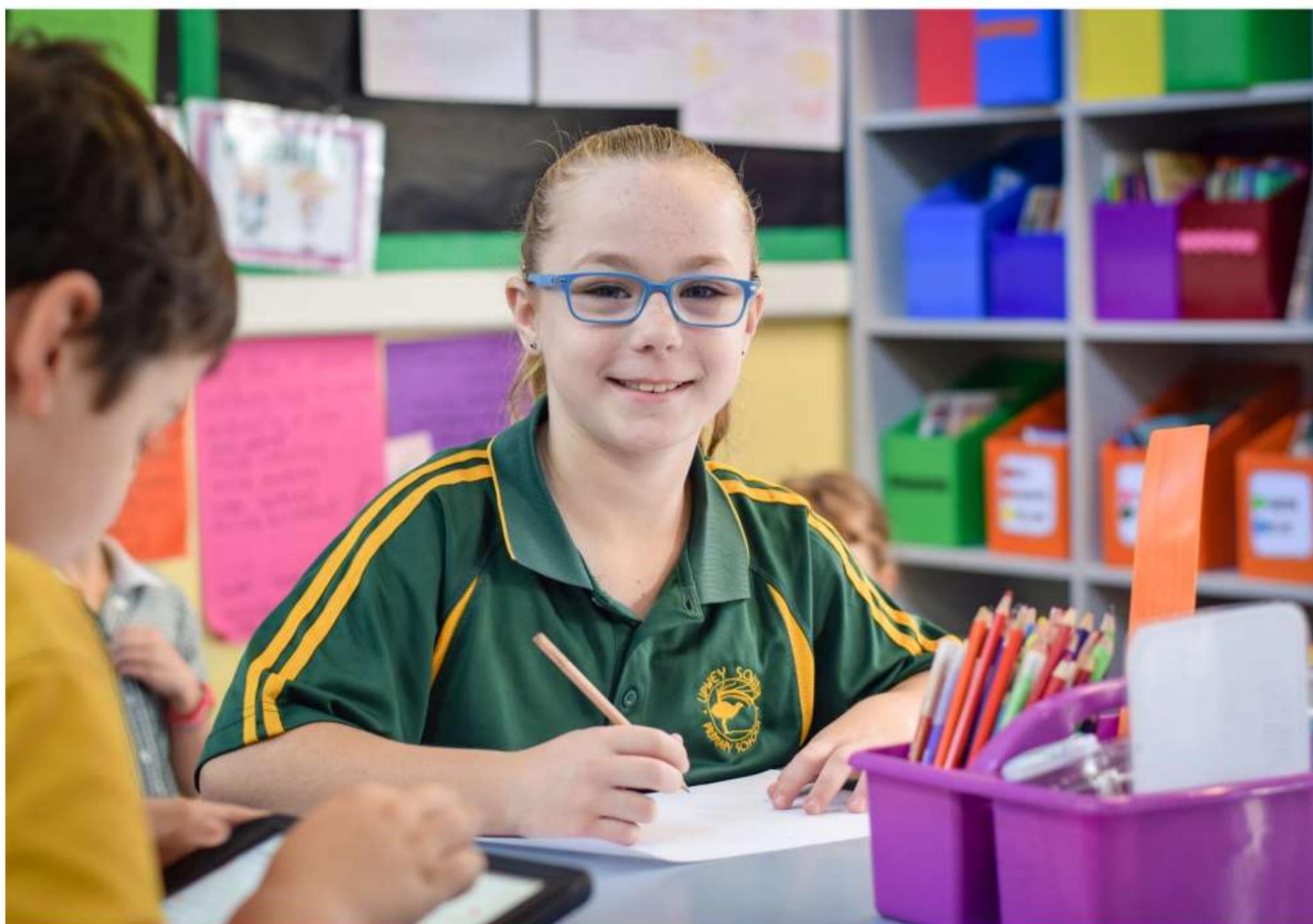
GET IN QUICK...ONLY TWO DAYS

OPEN DAY Wed 22nd May

Enrolment Tours @ 9:00am & 10:30am

Evening Tours available @ 6:30pm
on Wednesday 22nd and Thursday 23rd May

PHONE 9757 0200 upwey.south.ps@edumail.vic.gov.au



UPWEY SOUTH PRIMARY SCHOOL

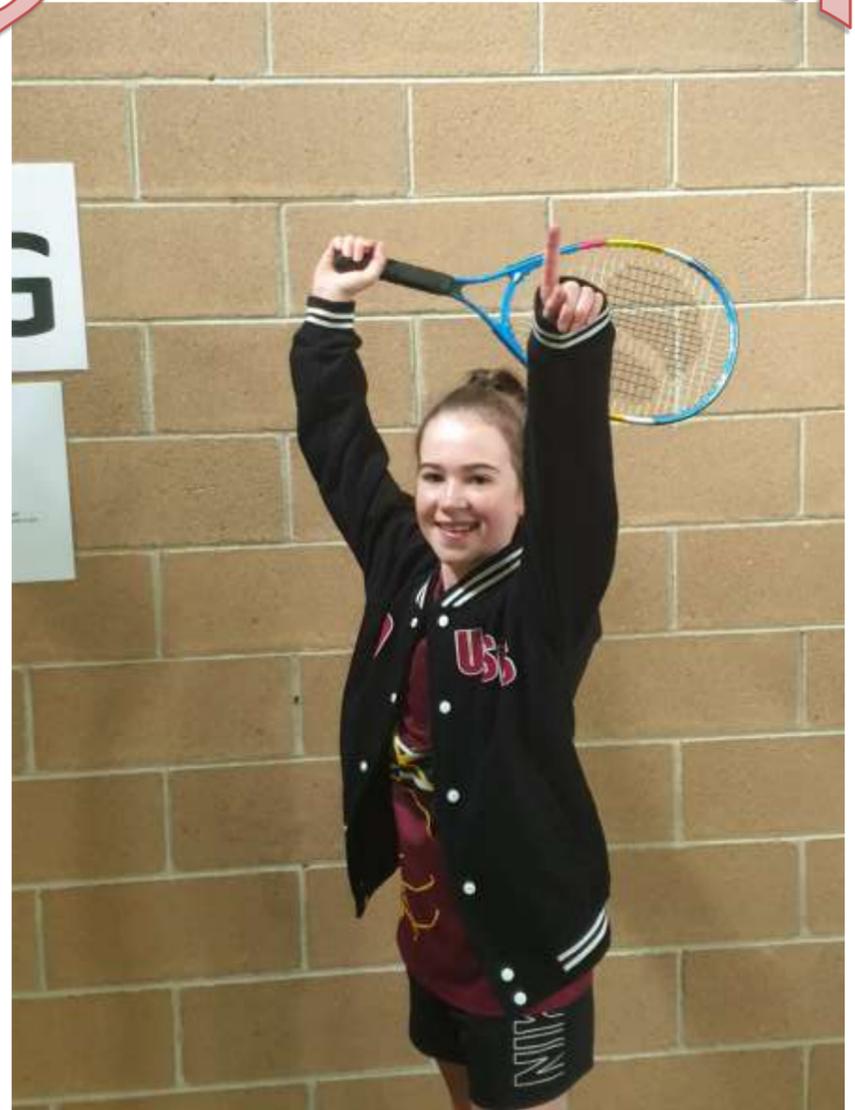


On Wednesday 8th May, Anika represented Upwey South at the Regional Tennis event. After progressing through comfortably from the Divisional stage we had high hopes for Anika. Making it through to the regional stage was an achievement in itself but we are extremely proud to say that Anika was victorious against all the other competitors on the day.

She played five different pool matches, a semi-final and a grand final where she won 6-3. As a school we note this is a wonderful achievement and it is just reward for all the dedication and effort Anika applies to her tennis.

Once again congratulation from everyone at Upwey South Primary.

Tennis Champion!



Upwey South Primary School will be taking part in Woolworths Earn & Learn Program again this year!

Please start collecting stickers from Wednesday 1st May until Tuesday 25th June 2019.

The collection box is in the foyer of the school.

Anyone can earn stickers to help local schools

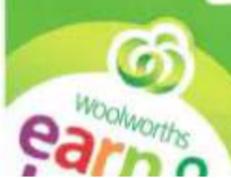


The Woolworths Earn & Learn program gives schools and Early Learning Centres around Australia the chance to earn amazing school equipment. In 2017 we had over 15,000 schools and Early Learning Centres involved, and delivered over 300,000 new pieces of equipment to kids all over Australia. Here's what to do:

- collect** Between 1 May and 25 June 2019, collect as many stickers as you can.
- stick** Stick them on the sticker sheets and give them to your local school or Early Learning Centre. Or drop them into a collection box in store.

Don't forget, you can always download and print extra sticker sheets at woolworths.com.au/earnandlearn

Need more information?
To read our Frequently Asked Questions and Terms & Conditions visit woolworths.com.au/earnandlearn




A big thanks to David at the Upwey pharmacy for his kind donation of tissues for school!

You can get your flu shot at Upwey Chemmart for just \$19.99
Visit in store or book online terrywhitechemmart.com.au

Thanks again David!

Terry White Chemmart
38 Main Street
Upwey

REAL WINTER DEFENCE

Too busy to get sick?

Get your flu shot today

BOOK NOW



EXTEND OSHC CARE

OSHC Hours

School Days

7:00am - 9:00am and 3:30pm - 6:30pm

Vacation Care and Curriculum Days

7:00am - 6:30pm

Bookings: extend.com.au

Service mobile: 0487 700 024

Head Office: 1300 366 437

Book online for same day care

Did you know you can book online up until the last minute before the service starts?

We understand that unexpected events come up in work and life and we aim to help our families when circumstances change.

Log in on any device and book one minute prior to the session start time to avoid "Walk In" rates.

Enrol and book now: extend.com.au

EXTEND UPDATE.

Monday	Tuesday	Wednesday	Thursday	Friday
Get to Know you profile	Scented Playdough	Loose Parts Play & Comic book	Paper Planes & Honey Joys	Special Friday! Pancakes for breakfast & Movie and popcorn afternoon.

The Extend Superstar is...

Fem McKinty, for always being so well mannered to everyone and always offering to help out within the room.

What's Been Happening?

This week we've been exploring a range of outdoor and indoor activities. The children have particularly been enjoying participating in loose parts where a small group of children created their very own marble run. Also this week we've had an awesome time playing football and basketball outside as well as creating amazing works of art with paint and making our very own orange scented playdough. The children have enjoyed a wide range of games including Uno and Bingo and enjoyed working together.



2019 Camps, Sports & Excursion Fund—CSEF

▼ [Criteria 1 - Eligibility](#)

On the first day of term one (29 January 2019) or the first day of term two (23 April 2019), a parent or legal guardian of a student must:

- be an eligible beneficiary of one of these cards:
 - Veterans Affairs Gold Card
 - Centrelink Health Care Card
 - Pensioner Concession Card
- **OR** they must be a temporary foster parent
- **OR** the student is 16 years or older and holds a valid concession card (such as a Youth Allowance Health Care Card)
- **AND** the parent or legal guardian must submit an application by the due date.

Parents who receive a carer allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with the above.

Eligibility will be determined when the parent's concession card successfully validates with Centrelink on either the first day of term one or term two.

If the eligible card is in the name of the student, the fund is only granted to that student, not their siblings.

Payments are:

- \$125 per year for eligible primary school students
- \$225 per year for eligible secondary school students.

Payments are made directly to the school and are tied to the student. Most payments start from March onwards.

Applications can be received over term one and two. Payments are for the application year and cannot be claimed for previous years.

Year 7 and Prep students in government schools who receive the fund are also able to get support for school uniforms. For more information regarding this initiative, see [State Schools' Relief](#).

The CSEF payment cannot be used towards voluntary school charges, books, stationery, school uniforms, before/after school care, music lessons, or formals/graduations.

If you applied for the CSEF at your child's school in a previous year, you do not need to complete an application form in 2019 unless there has been a change in your family circumstances. Your child's school will apply for the CSEF on your behalf.

You will only need to submit an application form in 2019 if any of the following changes have occurred:

- **new student enrolments:** your child has started or changed schools in 2019 or you did not apply at the same school in a previous year
- **changed family circumstances:** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2019.

Schools are able to accept and process applications up until the end of term two each year.

CSEF payments are made to schools from March onwards each year.

Community News

OnPsych School Psychology Services

Do you find that your child is displaying emotional or behavioural issues? OnPsych are a team of fully qualified and registered psychologists who specialise in child and adolescent services working in primary and secondary schools in both individual and group settings. Services are performed at NO COST to the school, student or parent through Medicare bulk billing.

We are now lucky to have an OnPsych staff member at Upwey South Primary School, Lily.

Who is Lily?

Lily is a passionate psychologist who works with both children and adolescents who are experiencing a range of psychological issues such as anxiety and mood disorders, Autism Spectrum Disorders, interpersonal, learning and behavioural disorders, exam stress, self harming and adjustment difficulties (social & situational). Lily employs psychological techniques such as Cognitive Behavioural Therapy, client-centred and solution-focused therapy with psycho-education. Lily firmly believes that a collaborative approach will produce the most successful outcomes for a child. If you believe that this might benefit your child, please contact your child's classroom teacher for further instructions.

If you would like any further clarifications about the onPsych service, please call us at 1300 659 350.



2nd Hand Uniform Shop

Open every Thursday 3 – 4 pm , behind the main office next to the staff room

Cheap *Convenient *Environmentally Friendly

All Logo item \$2 All non-logo items \$1

Come and check it out!

Donations of old uniforms gratefully received and can be dropped off at the office at any time

Fresh Fruit Fridays

We value the support of our local community store!

Each class will receive a platter of cut up fruit.

If any parents could volunteer their time to cut up and distribute the fruit each Friday morning from 8.50am it would be greatly appreciated.

You must sign in at the office and have a current Working with Children check.

All fruit is donated by our local IGA in Upwey, we thank them for their continued generosity.



How the locals like it.

Lost Property is held in the school office.

Please ensure you name all items your child brings to school.

All named items are returned back to the classroom.

Now is also a great time to check your child's clothing to ensure they have their own items.

Thank-you for your assistance.

Community News



uspstours@gmail.com

Mayor, Cr Tony Stevenson and Councillors

Invite you to Celebrate National Volunteers Week and Commemorate the 50 year anniversary of Meals on Wheels at Upwey

Wednesday 29 May 2019 | 5.00pm – 7.00pm

Blue Hills Centre

1/6 Mahony St, Upwey (parking at rear of the shops)

Light refreshments, presentations and group photos.

RSVP Friday 24 May > Roxann Jenkins

r.jenkins@yarraranges.vic.gov.au > 1300 368 333



Community News

UPWEY PRESCHOOL

TRIVIA NIGHT

SATURDAY 18TH MAY 7pm ONWARDS
 \$15 per PERSON
 AT THE COMMUNITY HALL
 SHERBROOKE CENTRE
 1443 BURWOOD HIGHWAY, UPWEY

Think you know it all? Prove it!
 Gather up a team of friends or family,
 Dress up and come out to compete.
 Door prize, Silent auction, Raffle draw & games

Contact Clare 0404 045 184
 clarelaming@hotmail.com




TRIVIA NIGHT

COME ALONG & TEST YOUR KNOWLEDGE!

AMAZING PRIZES & SILENT AUCTION

01 June 2019 | 7PM
 SATURDAY

Beaconsfield Community Centre
 O'Neil Rd. Beaconsfield
 (Mel. Ref 214 : BT)

PH: 9702 5528
 E: ENQUIRIES@CHIPS.ORG.AU

\$25 PER HEAD
 TABLES OF 8-12

BYO : DRINKS & NIBBLES

RSVP: 27 May 2019

BOOKINGS ESSENTIAL...
 LIMITED PLACES!

COME AND ENJOY A NIGHT OF FUN & EXCITEMENT,
 WHILST ALSO RAISING FUNDS TO HELP
 LOCAL PRIMARY AGED CHILDREN IN CRISIS.

PUBLIC MEETING

FRIENDS OF UPWEY
 HOW GOOD IS OUR TOWN CENTRE?

- Could it be better? How?
- Sustainability and environment?
- Parks, playgrounds and parking?
- Access, paths and trails?
- More community events?
- Social connections?
- Free Wi-Fi?

WHAT SHOULD IT LOOK LIKE IN 20 YEARS?
 COME TO THE MEETING AND HAVE YOUR SAY

We started this journey in 2014,
 and what a difference we've made.

- Major improvements to beauty and appeal of Main St.
- New playground, garden areas and bike path upgrade
- New signage, noticeboard and murals
- Completion of Peterson Pavilion
- Stronger township connections
- Less rubbish and graffiti!
- Great community events



IT'S TIME TO TAKE THE NEXT STEPS AND WE NEED YOUR HELP
 HERE'S YOUR CHANCE TO CONTRIBUTE

OUR COMMUNITY, OUR VOICE
 Peterson Pavilion, Chosen Ave, Upwey
 Monday May 13th 7.30pm



SENIOR WOMEN'S FOOTBALL PLAYERS WANTED

SENIOR GRADE & RESERVE GRADE

COME AND JOIN OUR SQUAD OF 16-50 YEAR OLD WOMEN WHO ARE STUDENTS, MUM'S, WIVES AND FULL TIME WORKERS PLAYING IN BOTH GRADES.

OUR RESERVE GRADE IS PERFECT FOR ANYONE INTERESTED IN GETTING FIT, GETTING OUT OF THE HOUSE AND MAKING LIFE LONG FRIENDS – THERE ARE NO EXPECTATIONS ON YOUR ABILITY TO COMMIT TO TRAINING OR YOUR SKILL LEVEL!

OUR SENIOR GRADE ARE UNDEFEATED IN ONLY THEIR 2ND YEAR OF FOOTBALL AND ALWAYS LOOKING FOR MORE TIGERS!

COME DOWN AND JOIN US ON MONDAY AND THURSDAY'S AT 5:30PM AT OUR BRAND NEW FACILITIES ON CHOSEN AVENUE IN UPWEY.

CONTACT US VIA THE FOLLOWING:

FACEBOOK PAGE: UPWEY-TECOMA FOOTBALL NETBALL CLUB

CAPTAIN EMMA KOSTER: 0421 982 631

CAPTAIN KIANA OATES: 0430 222 594

COACH BERNIE RYAN: 0407 055 851



Community News

Neighbourhood House Week Bringing People Together

with a moveable feast across the East

Our house is just one participating in a moveable feast across the east.

Join us at SELBY COMMUNITY HOUSE for morning tea on Friday 17th May at 10-11am.

This event has been supported by a grant from the Victorian Foundation for Residential Rehabilitation




PAEDIATRIC FIRST AID & CPR

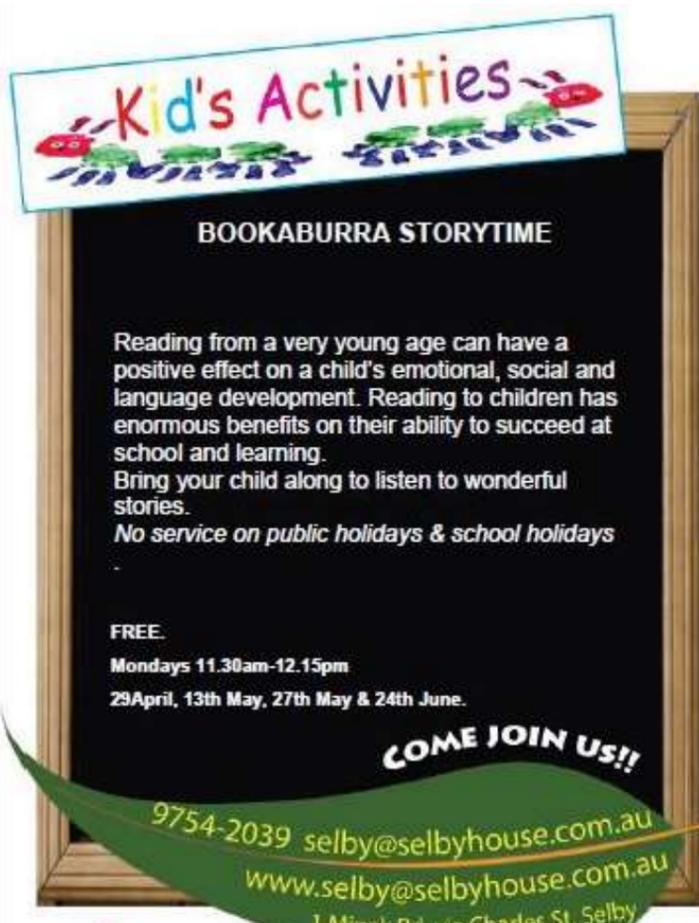
With Revive2Survive

Would you know what to do in an emergency? For new parents or those wanting to be updated on the latest first aid techniques, this information session will cover baby & child CPR, asthma, anaphylaxis, choking, drowning, bites & stings. This course is perfect for parents, grandparents and carers that can't attend a weekday course.

Saturday 15th June 10.00am-12.30pm Cost \$50

COME JOIN US!!

9754-2039 selby@selbyhouse.com.au
www.selby@selbyhouse.com.au
1 Minak Rd, via Charles St. Selby

Kid's Activities

BOOKABURRA STORYTIME

Reading from a very young age can have a positive effect on a child's emotional, social and language development. Reading to children has enormous benefits on their ability to succeed at school and learning. Bring your child along to listen to wonderful stories.
No service on public holidays & school holidays

FREE.
Mondays 11.30am-12.15pm
29 April, 13th May, 27th May & 24th June.

COME JOIN US!!

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1 Minak Rd, via Charles St. Selby




STARTING YOUR BUSINESS

Facilitated by Small Business Victoria

Thinking of starting a business? Prepare to get your bright idea off the ground, step by step at this essential planning workshop packed with vital start-up tips, tools and expert guidance that will prepare you to give your business the best chance of success. Includes a free follow-up one on one mentoring session with an experienced small business mentor who will tailor advice and information for your individual circumstances.

Tuesday 18th June 6.45-9.15pm
Cost \$20

COME JOIN US!!

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